

# Occupational Asbestos Exposure and Lung Cancer—A Systematic Review of the Literature

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**ABSTRACT.** The objective of this study was to evaluate the scientific literature concerning asbestos and lung cancer, emphasizing low-level exposure. A literature search in PubMed and Embase resulted in 5,864 citations. Information from included studies was extracted using SIGN. Twenty-one statements were evidence graded. The results show that histology and location are not helpful in differentiating asbestos-related lung cancer. Pleural plaques, asbestos bodies, or asbestos fibers are useful as markers of asbestos exposure. The interaction between asbestos and smoking regarding lung cancer risk is between additive and multiplicative. The findings indicate that the association between asbestos exposure and lung cancer risk is basically linear, but may level off at very high exposures. The relative risk for lung cancer increases between 1% and 4% per fiber-year (f-y)/mL, corresponding to a doubling of risk at 25–100 f-y/mL. However, one high-quality case-control study showed a doubling at 4 f-y/mL.

**KEYWORDS:** asbestos, interaction between exposures, lung cancer, lung neoplasms, occupational exposure, smoking and asbestos

In 2012 the Danish National Board of Industrial Injuries requested a scientific reference document concerning low-dose asbestos exposure and lung cancer. The Department of Occupational and Environmental Medicine received the grant to write the document. This paper is a slightly revised version of the reference document that has been submitted to the Danish National Board of Industrial Injuries. The document is available at their Web site ([www.ask.dk/~media/ASK/pdf/Rapporter/Udredningsrapport%20asbestos%20lung%20cancer%202013pdf.ashx](http://www.ask.dk/~media/ASK/pdf/Rapporter/Udredningsrapport%20asbestos%20lung%20cancer%202013pdf.ashx)).

Lung cancer is the most commonly diagnosed male cancer worldwide<sup>1</sup> and in Denmark, accounts for 13.3% of all new

cancers in males and 12.3% in females.<sup>2,3</sup> Since the 1950s, lung cancer incidence has steadily increased among females, whereas morbidity and mortality in males has declined after the 1980s.<sup>3</sup>

Asbestos is an important occupational risk factor for lung cancer. Asbestos is a generic term that represents 6 naturally occurring fibrous minerals that can be generally grouped into 2 distinct classes. The serpentine class includes chrysotile (white), whereas the amphibole class includes amosite (brown), crocidolite (blue), tremolite, actinolite, and anthophyllite asbestos.<sup>4</sup> The 2 main classes differ significantly in terms of their physical and chemical properties.<sup>5,6</sup>

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Chrysotile fibers are cleared more readily by mucociliary action and more easily broken down.<sup>7</sup> Amphibole fibers are far more resistant with a longer residence time.<sup>8–10</sup>

In 1997, the Helsinki criteria for identifying individuals with a high probability of asbestos exposure at work were adopted.<sup>11</sup> Until now, there has been general international consensus on the use of the criteria that include quantifying asbestos fiber or bodies in lung tissue or bronchoalveolar lavage. Histology and location of lung cancer have no significant value in deciding whether or not lung cancer can be attributable to asbestos. In addition, 1 year of heavy asbestos exposure (eg, manufacturing of asbestos products, asbestos spraying, insulation work with asbestos, demolition of old buildings) and 5–10 years of moderate exposure (eg, construction, shipbuilding) were judged adequate to increase the risk of lung cancer by 2-fold or more. In Denmark as well as in many other countries (eg, Germany and The Netherlands), asbestos exposure of 25 fiber-years (f-y)/mL or more is considered to be associated with a 2-fold increased lung cancer risk, which is compensable.

The overall objective was to produce a stringent and critical review of the scientific literature concerning asbestos exposure and its causation of lung cancer. Particular emphasis was placed on the exposure-response relationship at low-level exposure. In addition, the possibility for a threshold and the interaction between asbestos and smoking were taken into account.

## METHODS

A writing group and an internal expert group with specific knowledge on asbestos and/or lung cancer were established. At a seminar the groups agreed on the wording of 21 statements and reached consensus about the classification of each statement. See Appendix 1 for members of the 2 groups.

Nineteen research questions were formulated directly from the grant announcement and divided into 4 main groups: lung cancer (LC), asbestos exposure (AE), exposure-response (ER), and competing and predisposing conditions (CPC) (see Appendix 2). On the basis of these search questions, 21 key statements were composed (see Appendix 3).

### Literature search

The literature search consisted of a series of top-down and bottom-up searches. The top-down searches were performed in PubMed MEDLINE and Embase using the terms asbestos and lung cancer (July 2–3, 2012). Hits from the 2 databases were merged and duplicates removed. The bottom-up searches consisted of 19 specific searches for each of the 19 predefined search questions and were restricted to PubMed MEDLINE (July 23–27, 2012). Moreover, the electronic searches were supplemented with additional relevant citations achieved by manual review from the bibliographies of retrieved papers as well as inputs from members of the working groups. Finally, a few citations were identified through PubMed alerts that appeared after July 3, 2012.

## Selection of articles

The selection of publications to be included was a multi-step, iterative process. Studies were included if (i) the main focus was on associations between lung cancer and asbestos exposure; (ii) they describe results from an original study; (iii) they were in English, Scandinavian, German, or French language.

First based on title and second based on reading of the abstract, one researcher (D.S.) selected the citations from the top-down and bottom-up literature searches eligible for further consideration. In addition, the citations were grouped according to the 19 search questions, with the possibility for a citation to appear in more than one group. In order to exclude papers that lacked sufficient data or analytic structure to warrant in-depth review, a final screening of the publications was completed. Exclusion criteria were (i) case reports, case series, or expert opinions; (ii) very old publications and/or small study populations; (iii) high risk of bias; and (iv) older studies that were followed up with a more recent updated publication.

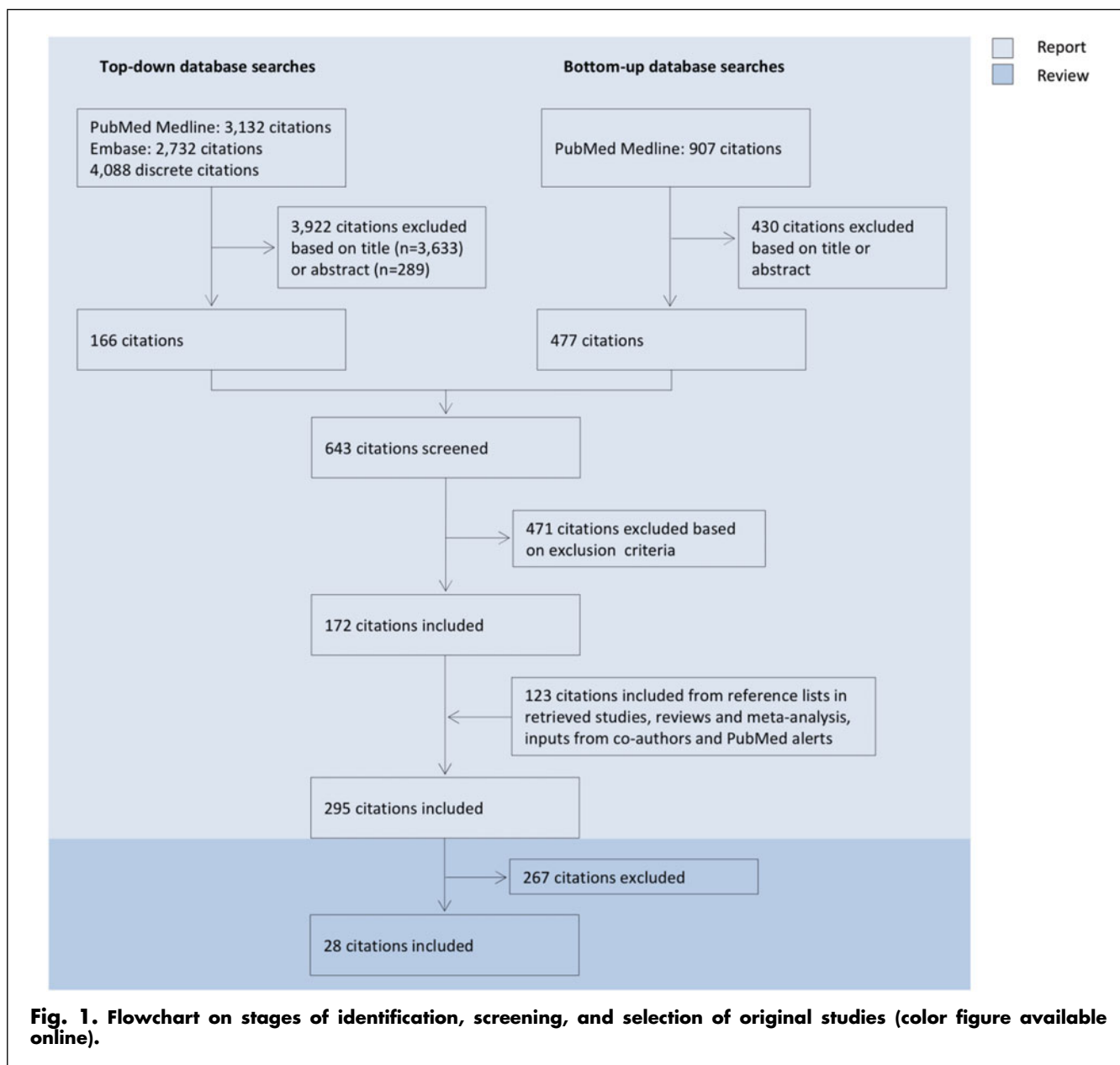
Figure 1 illustrates the literature search. The top-down yielded 4,088 discrete citations; 3,633 were excluded based on title and 289 were excluded based on abstract. The bottom-up literature search for all 19 search questions revealed 907 citations, of which 430 were excluded based on title or abstract. A total of 643 citations were pooled from the 2 literature searches; 471 of these citations were excluded based on exclusion criteria, which resulted in a total of 172 included citations. During the writing process, this pool of citations was increased, with 123 citations emerging from manual reading of reference lists, inputs from coauthors, and PubMed alerts, resulting in a total of 295 included citations.

## Data extraction and quality appraisal

Each original publication concerning exposure-response associations between asbestos exposure and lung cancer was double reviewed and quality graded by 2 researchers. A data extraction sheet based on the Scottish Intercollegiate Guidelines Network (SIGN) and adjusted to the present review was used.<sup>12</sup> Reviews and meta-analysis were double reviewed and quality graded with the R-AMSTAR checklist quality assessment sheet.<sup>13</sup> For the original studies, quality appraisals were compared and discrepancies between the 2 researchers reconciled by mutual agreement resulting in a grade of 2++ (very low risk of confounding, bias, chance), 2+ (low risk of confounding, bias, chance), or 2– (high risk of confounding, bias, chance). For meta-analysis and reviews, the final R-AMSTAR score was a mean of the 2 independent scores.

## Assessment of causal association or to substantiate the statement

The evidence model recommended by the Danish Working Environmental Authority was slightly adapted as all statements did not include a causal relationship:



**Fig. 1. Flowchart on stages of identification, screening, and selection of original studies (color figure available online).**

- +++ Strong evidence (to substantiate the statement)
- ++ Moderate evidence (to substantiate the statement)
- + Limited evidence (to substantiate the statement)
- 0 Insufficient evidence (to substantiate the statement)
- Evidence suggesting lack of knowledge to substantiate the statement

### Article review

Each of the double-reviewed original articles on exposure-response association (ER) between asbestos exposure and lung cancer was tabulated in a standardized form. Information on study design, study population, exposure measurement, outcome measurement, key findings, and the

final grading was included. Information from the other 3 areas, AE, LC, and CPC, were presented in a narrative form.

### RESULTS

The review is structured around the 21 statements (see Appendix 3).

#### Lung cancer

*Asbestos-Related Lung Cancer (ARLC): Histology, Location, Prognosis, and Screening*

Older studies (>20 years) were poorly controlled and showed inconsistent results concerning lobe of origin and

histology of ARLC. Some studies described a lower lobe association with asbestos exposure,<sup>14–17</sup> whereas other studies showed upper lobe location similar to tobacco-related lung cancers.<sup>18–21</sup> As in the case of tumor location, results concerning ARLC histology were conflicting. Excess adenocarcinomas were shown in some studies.<sup>19,22–24</sup> However, other studies have failed to show this increased risk.<sup>25</sup> The more recent, well-controlled studies that we reviewed with the SIGN also have failed to show any significant differences between ARLC and non-ARLC regarding cell type or location.<sup>26–30</sup> Based on these findings, we conclude that:

*Statement 1: When evaluating ARLC location and cell type, do not differentiate asbestos-related and non-asbestos-related lung cancer (+++).*

Our literature search did not find any references that specifically dealt with ARLC prognosis. The only available data were obtained from reviewing 422 consecutive lung cancer cases diagnosed at the Department of Respiratory Medicine, Odense University Hospital, between 2007 and 2010. Of these 25% reported asbestos exposure. No survival differences were observed after 1 and 2 years. Kaplan-Meier estimates updated June 2013 suggest a 5-year survival rate of about 9% for both ARLC and non-ARLC.<sup>31</sup>

*Statement 12: The prognosis of ARLC does not differ from that of other lung cancers (+).*

The US National Lung Cancer Screening Trial (NLST) has recently demonstrated that annual low-dose computed tomographic (CT) screening can reduce the relative mortality by 20%.<sup>32</sup> On this background, the National Comprehensive Cancer Network (NCCN) published recommendations in 2012 concerning low-dose CT screening for well-defined high-risk groups such as heavy smokers, including those with previous asbestos exposure.<sup>25</sup> However, a review of annual screening recommendations has stated that there are 2 key problems in relation to the procedure: it is costly and complicated by numerous false positives.<sup>33</sup> To further complicate the question, a recent randomized controlled trial in Denmark did not show mortality reduction so far.<sup>34</sup> Results from the ongoing European prospective screening trials are not yet available. But the coming results may help clarify the dilemma.

## **Asbestos exposure**

### *Exposure Assessment*

Case-by-case expert assessment and job exposure matrices (JEMs) are commonly used instruments to assess occupational exposures. Case-by-case expert assessment is generally considered the best method for assessing occupational exposures in population-based studies.<sup>35</sup> However, it requires considerable resources.<sup>36–38</sup> JEMs have proven to be similar

when compared with the expert assessment and are therefore useful in asbestos exposure assessment. However, exposure duration estimations in JEMs may result in misclassification.

*Statement 2: Job exposure matrices (JEMs) are useful in estimating previous asbestos exposure in addition to individual exposure evaluation (+).*

### *Biological Markers of Asbestos Exposure: Pleural Plaques, Asbestos Bodies, and Asbestos Fibers*

Numerous studies have verified that pleural plaques (PPs) are associated with previous asbestos exposure.<sup>39</sup> Even though most authors state that PPs are rarely seen until 20 years after the initial exposure, a reevaluation of previous chest x-rays in exposed workers indicated that they may occur as early as 10 years after exposure.<sup>40</sup> PPs do not reflect the degree of exposure. However, a positive association between the degree and duration of asbestos exposure and the likelihood of finding PPs on a chest x-ray has recently been confirmed.<sup>25</sup> Asbestos fibers (AFs) and asbestos bodies (ABs) in bronchoalveolar lavage (BAL) and lung tissue reflect some degree of asbestos exposure.<sup>11,41–44</sup> However, the absence of PPs, ABs, or AFs does not preclude considerable previous asbestos exposure. The presence of asbestosis is associated with considerable asbestos exposure sufficient to cause ARLC.<sup>45</sup>

*Statement 3: The existence of uni- or bilateral pleural plaques increases the likelihood of previously asbestos exposure (++).*

*Statement 4: The presence of pleural plaques cannot be used to estimate the degree of previous asbestos exposure (+++).*

*Statement 5: The presence of asbestosis is a marker of previously high asbestos exposure and is associated with an increased risk of lung cancer (+++).*

## **Exposure-response**

### *Exposure-Response Relationship*

Of the 28 original studies with information on lung cancer risk in relation to occupational asbestos exposure, 24 were cohort<sup>46–69</sup> and 4 were case-control studies.<sup>70–73</sup> Twenty-two studies included only men<sup>47,50–52,54–57,59–67,69–73</sup> and 6 studies included around 60–80% men.<sup>46,48,49,53,58,68</sup> Exposure to asbestos in 8 studies was restricted to chrysotile,<sup>50,51,53,57,58,60,63,68</sup> 7 studies indicated that the asbestos exposure was mainly to chrysotile,<sup>46–49,55,59,62</sup> 1 study was mainly based on exposure to amosite and very little chrysotile,<sup>64</sup> 1 study was on amosite alone,<sup>56</sup> and 4 studies were on amphibole.<sup>65–67,69</sup> Four studies with mixed exposures did not indicate the distribution of asbestos types,<sup>52,54,71,72</sup> and 3 studies did not describe the asbestos type.<sup>61,70,73</sup> The following industries were presented: textile production,<sup>46,49,50,53,58,59,61,62,68</sup> mining and/or milling,<sup>57,63,66,67,69</sup>

**Table 1.—Tabular Presentation of Cohort Studies With Exposure Measurements <50 f/mL**

| Study (reference no.); country        | Population  | Exposure*   | Outcome   | Measure of risk, SMR, K $\alpha$ , 95% CI, or <i>p</i> value   | SIGN grading |
|---------------------------------------|---|---|---|--|--------------|
| Elliott et al. 2012 (46); USA         | <i>N</i> = 6,136, men and women                     | CHR, small amount of CRO and AMO, textile production            | Lung cancer death, death certificates   | <b>RR increased with 2% per f-y/mL exposure.</b> SMR = 1.90 (95% CI 1.70–2.11), for South Carolina workers.  | 2++          |
| Albin et al. 1990 (47); Sweden        | <i>N</i> = 1,465, men only                          | CHR (95%), smaller amounts of CRO and AMO, cement workers       | Lung cancer death, death certificates, and cancer register                                  | No significant relations. Lung cancer RR (f-y/mL): <15 = 1.8 (95% CI 0.8–3.9), 15–39 = 1.9 (95% CI 0.7–5.3), >40 = 1.9 (95% CI 0.5–7.1).   | 2+           |
| Clin et al. 2011 (48); France         | <i>N</i> = 2,004, men and women                     | CHR (80%), AMO (20%), textile and friction materials production | Lung cancer, cancer register  | No significant relations between cumulative exposure and lung cancer: HR = 1.05 (95% CI 0.42–2.62) and 1.89 (95% CI 0.74–4.84) for $\geq 40$ to <140 and $\geq 140$ to <853 f-y/mL, respectively, with <40 f-y/mL as reference.    | 2+           |
| Dement et al. 1994 (49); USA          | <i>N</i> = 3,022, white men and women and black men | CHR, a little AMO, textile production                           | Lung cancer death, death certificates   | <b>RR increased with 2–3% per f/cc-year exposure</b> for the entire cohort. Significant relations with SMR = 2.30 (1.88–2.79) and 2.75 (2.06–3.61) for white men and women, respectively.  | 2++          |
| Dement et al. 1982 (50); USA          | <i>N</i> = 768, white men                           | CHR, textile production   | Lung cancer death, death certificates   | Linear exposure-response relation with no threshold. SMR = 223, 357, 978, 1553 for <10,000, 10,000–40,000, 40,000–100,000, and 100,000–200,000 fiber cm <sup>-3</sup> /days, respectively.   | 2+           |
| Deng et al. 2012 (51); China          | <i>N</i> = 586, men only                            | CHR (very high), textile, brake, and cement production          | Lung cancer death, death certificates   | Significant relations ( <i>p</i> < .001) in which clear exposure-response relationships were seen. No threshold observed.  | 2+           |
| Hein et al. 2007 (53); USA            | <i>N</i> = 3,072, mainly white men and women        | CHR, textile production   | Lung cancer death, death certificates   | <b>RR = 0.0198 per f-y/mL</b> (SE 0.000496) with 10-year lag time. Exposure-response associations found.   | 2+           |
| Hughes et al. 1987 (54); USA          | <i>N</i> = 6,931, black and white men               | CHR, CRO, AMO, cement manufacturing plants                      | Lung cancer death, death certificates   | <b>RR = 1 + 0.0076 per f-y/mL</b> (significant).   | 2–           |
| Lacquet et al. 1980 (55); Belgium     | 29,366 man-years of observation, men only           | CHR (mainly), CRO, AMO, asbestos cement industry                | Lung cancer death, personnel records, and interviews with family doctors and social workers | No significant relations ( <i>p</i> = .11) found between lung cancer and asbestos exposure.  | 2–           |
| Liddell et al. 1997 (57); Canada      | <i>N</i> = 10,918, men only                         | CHR, Quebec mining and milling                                  | Lung cancer death, death certificates   | A negligible excess lung cancer risk below 300 mppcf-years with average SMR = 1.21.  | 2–           |
| Loomis et al. 2009 (58); USA          | <i>N</i> = 5,770 men and women                      | CHR, textile industry   | Lung cancer death, death certificates   | <b>RR = 1.102 per 100 f-y/mL</b> (95% CI 1.044–1.164), which amounts to about 10% increase per 100 f-y/mL. Also, significant relation found with SMR = 1.96 (95% CI 1.73–2.20).  | 2+           |
| McDonald et al. 1984 (60); USA        | <i>N</i> = 3,641, men only                          | CHR, friction products and packing manufacturing facility       | Death from lung cancer and mesothelioma, death certificates                                 | SMR = 148.7. However, lack of any clear or systematic exposure-effect pattern. No exposure-effect relation with cumulative exposure.   | 2–           |
| Peto et al. 1985 (62); United Kingdom | <i>N</i> = 3,211, men, non-Asian                    | CHR (95%), CRO (5%), textile industry                           | Lung cancer death, death certificates   | <b>SMR = 1+0.01x per f-y/mL</b> was a suggested prediction. SMR = 1.53 $\times 10^{-4}$ per particle-y/mL, approximated for SMR = 0.005 and 0–015 per f-y/mL for the entire cohort and those employed 1951 or later, respectively. | 2+           |
| Sluis-Cremer 1991 (66); South Africa  | <i>N</i> = 7,317, white men                         | CRO, AMO, mining and milling                                    | Lung cancer death, death certificates   | <b>RR = 1.01 per f-y/mL exposure</b> (95% CI 1–1.01) and <b>RR = 1.12 per year of exposure</b> (95% CI 1.04–1.20).   | 2+           |

*(Continued on next page)*

**Table 1.—Tabular Presentation of Cohort Studies With Exposure Measurements <50 f/mL (continued)**

| Study (reference no.); country       | Population   | Exposure*  | Outcome                               | Measure of risk, SMR, K $\alpha$ , 95% CI, or <i>p</i> value  | SIGN grading |
|--------------------------------------|--|--|---------------------------------------|---|--------------|
| Sluis-Cremer 1992 (67); South Africa | <i>N</i> = 7,317, white men                          | CRO, AMO, mining and milling                             | Lung cancer death, death certificates | SMR = 1.7 (95% CI 1.32–2.21). SMR = 1.38 (95% CI 0.97–1.91) and 2.03 (95% CI 1.43–2.80) for AMO and CRO, respectively.  | 2+           |
| Stayner et al. 1997 (68); USA        | <i>N</i> = 3,041, women and men, predominately white | CHR, textile industry                                    | Lung cancer death, death certificates | <b>RR = 0.021 per fiber-y/mL</b> (95% CI 0.008–0.036). No evidence for a threshold.   | 2++          |
| Sullivan et al. 2007 (69); USA       | <i>N</i> = 1,672, white men                          | AMP, vermiculite mining and milling, and process workers | Lung cancer death, death certificates | Dose-related increases in lung cancer mortality. SMR = 1.7 (95% CI 1.4–2.1) with 15 years lag time, SMR = 1.5 (95% CI 0.9–2.3) for low exposures (<4.5 f-y/mL), SMR = 1.6 (95% CI 1.1–2.1) for short-term employment (<1 year). | 2++          |

\*CHR = chrysotile; CRO = crocidolite; AMO = amosite; AMP = amphibole.  
 Bold font indicates which articles include a specific dose-exposure result.

cement production,<sup>47,54,55</sup> and insulation.<sup>56,64,65</sup> Four studies' cohorts comprised combined industries.<sup>51,52,60,74</sup> Twenty-four studies focused on lung cancer deaths<sup>46,47,49–69,72</sup> and 4 studies on lung cancer cases.<sup>48,70,71,73</sup> Among the 24 stud-

ies with lung cancer death as outcome, only 1 study was not based on death certificates but on personnel records combined with interviews with family doctors.<sup>55</sup> Six studies adjusted for smoking as a potential confounder<sup>51,66,67,70,71,73</sup> and

**Table 2.—Tabular Presentation of Cohort Studies With Exposure Measurements >50 f-y/mL**

| Study (reference no.); country           | Population                  | Exposure*  | Outcome   | Measure of risk, SMR, K $\alpha$ , 95% CI, or <i>p</i> value  | SIGN grading |
|--|-----------------------------|--|---|---|--------------|
| Enterline et al 1987 (52); USA           | <i>N</i> = 1,074, white men | CHR, CRO, AMO, production of insulation, roof, and engineered products | Lung cancer death, death certificates   | Significant relation. SMR = 182, 203, 322, 405, and 699 for dust exposure <125, 125–249, 250–499, 500–749, and $\geq$ 750 mppcf-y, respectively.                              | 2–           |
| Levin et al 1998 (56); USA               | <i>N</i> = 1,121, men only  | AMO, pipe insulation   | Lung cancer death, death certificates   | Significant relation found. SMR = 277 (95% CI 193–385).   | 2–           |
| McDonald et al 1983 (59); USA            | <i>N</i> = 4,137, men only  | CHR (mainly), some AMO, less CRO, textile industry                     | Death from lung cancer and mesothelioma, death certificates                       | <b>RR = 1 + 0.051 mppcf-year</b> in a linear model. SMR = 4.16.   | 2–           |
| Peto et al 1980 (61); United Kingdom     | <i>N</i> = 679, men only    | Unknown asbestos type, textile industry                                | Lung cancer death, death certificates   | No formal exposure-response analysis was undertaken. But an overall excess of lung cancer death claimed to be compatible with <b>RR = 2–3 for 200–300 f-y/mL of exposure.</b> | 2–           |
| Pira et al 2009 (63); Italy              | <i>N</i> = 1,056, men only  | CHR, mining  | Lung cancer death, death certificates   | No significant risk for lung cancer death in spite of high exposures over 400 f-y/mL. SMR = 1.27 (0.93–1.70).   | 2–           |
| Seidman et al 1986 (64); USA             | <i>N</i> = 820, white men   | AMO, very little CHR, ship insulators of pipes, boilers, and turbines  | Lung cancer death, death certificates + best evidence from additional information | A linear zero threshold exposure-response relation was found. SMR = 541 from 5 to 40 years after onset of work.   | 2–           |
| Selikoff et al 1991 (65); USA and Canada | <i>N</i> = 17,800, men only | AMP, insulation workers  | Lung cancer death, death certificates   | RR increased from 2.32 at <15 years from start of exposure to 4.90 after 30–40 years since onset of exposure.   | 2+           |

\*CHR = chrysotile; CRO = crocidolite; AMO = amosite; AMP = amphibole.  
 Bold font indicates which articles include a specific dose-exposure result.

**Table 3.—Tabular Presentation of Case-Control Studies With Exposure Measurements <50 f-y/mL**

| Study (reference no.);<br>country         | Population  | Exposure*                | Outcome  | Measure of risk, SMR, K $\alpha$ , 95% CI,<br>or p value  | SIGN<br>grading |
|---|---|--------------------------|--|---|-----------------|
| Gustavsson et al. 2002<br>(70); Sweden    | Cases: all lung cancer male cases<br>1985–1990, Stockholm, age<br>40–75 years (N = 1,038).<br>Controls: 2,359. Random selection<br>from the general population<br>frequency-matched with regard to<br>age and inclusion year.   | Unknown asbestos<br>type | Lung cancer,<br>Cancer<br>register             | Excess risk of lung cancer at low<br>exposure levels was seen and an<br>exposure-response relation of 4<br>f-y/mL associated with a RR of 1.9<br>(95% CI 1.32–2.74).                          | 2+              |
| Pohlabein et al. 2002<br>(71); Germany    | Cases: N = 839, male patients with<br>lung cancer in Bremen and a small<br>group in Frankfurt, 1988–1993.<br>Controls: N = 839, males<br>individually matched on age and<br>region, from all hospitals in<br>Bremen (1988–1993) and<br>Frankfurt/Main (1989–March<br>1990). | Mixed exposure           | Lung cancer                                    | Log transformed (ln(f-y/mL + 1)) gave<br>the best fit. The estimate was<br>ln(f-y/mL + 1): OR = 1.18 (95% CI<br>1.05–1.32), corresponding to a<br>doubled risk from exposure to 25<br>f-y/mL. | 2++             |
| Berry et al. 1983 (72);<br>United Kingdom | Cases: N = 106, men working with<br>production of friction materials,<br>dead of lung cancer.<br>Controls: N = 318 workers (same<br>factory), matched for started in the<br>factory, date of birth, survival up to<br>time of death from lung cancer.                       | CHR, CRO                 | Lung cancer<br>death,<br>death<br>certificates | <b>RR = 0.00058 per f-y/mL.</b> No<br>indication of an increased risk of lung<br>cancer with duration of exposure or<br>cumulative exposure in the<br>categorical analysis.                   | 2–              |
| Gustavsson et al. 2000<br>(73); Sweden    | Cases: all lung cancer male cases<br>1985–1990, Stockholm, age<br>40–75 years (N = 1,038).<br>Controls: 2,364. Random selection<br>from the general population<br>frequency-matched with regard to<br>age and inclusion year.   | Unknown asbestos<br>type | Lung cancer,<br>Cancer<br>register             | <b>RR increased about 14% per f-y/mL.</b><br>Exposure-response relation for mean<br>exposure and poor correlation with<br>length of exposure.   | 2+              |

\*CHR = chrysotile; CRO = crocidolite; AMO = amosite; AMP = amphibole.  
Bold font indicates which articles include a specific dose-exposure result.

1 study compared smoking habits between the study population and the US population and concluded that smoking was not a confounder.<sup>54</sup> A tabular presentation of the studies including their main characteristics and a SIGN grading are given in Table 1 (cohort studies with exposure measurements <50 f-y/mL), Table 2 (cohort studies with exposure measurements >50 f-y/mL), and Table 3 (case-control studies with exposure measurements <50 f-y/mL). A tabular presentation of reviews and meta-analyses<sup>75–83</sup> are given in Table 4.

*Statement 6: The exposure-response relationship is approximately linear, but levels off at very high exposures (>150 f-y/mL) (+++).*

*Statement 7: An increase in risk ratio (RR) of 0.01–0.04 per f-y/mL (corresponding to a doubling of risk at 25–100 f-y/mL) has been observed, with the highest estimates obtained in the few high-quality epidemiological studies. One high-quality population-based case-control study in the low-exposure range found a higher risk estimate (a doubling around 4 f-y/mL) (++)*.

#### *No Observed Effect Level*

The possible existence of a threshold for lung cancer risk due to asbestos has been widely discussed. Data from a series of cohorts on risk rates at various exposure levels have shown that no increased lung cancer risk was seen below an exposure of about 25 f-y/mL.<sup>84</sup> On the other hand, 6 meta-analyses<sup>78–83</sup> have all been based on linear models, which imply no threshold. In a population-based study by Gustavsson et al,<sup>73</sup> an elevated risk was seen at an estimated exposure of 4 f-y/mL. The recent meta-analysis by van der Bij et al<sup>85</sup> has analyzed the exposure-response at low exposures and calculated relative risks of 1.01–1.03 at 4 f-y/mL and 1.12–1.32 at 40 f-y/mL, suggesting no threshold.

*Statement 8: There is no evidence for a no observed effect level (NOEL) concerning ARLC (++)*.

*Statement 9: The lowest documented increased ARLC risk is seen at about 4 f-y/mL (+)*.

**Table 4.—Tabular Presentation of Meta-analysis and Reviews**

| Study (reference no.), Study type* | No of studies included | Result   | R-AMSTAR score |
|------------------------------------|------------------------|--|----------------|
| Hendersen et al. 2004 (75), R      |                        | Evidence supports a cumulative exposure model. Insufficient evidence to draw meaningful conclusions concerning variation in asbestos-mediated lung cancer risk relative to individual resistance and susceptibility factors. Different attribution criteria (eg, greater cumulative exposures) are appropriate for chrysotile-only exposures. No significant differences in the phenotypic repertoire or the anatomical distribution of lung cancers related to asbestos versus those that are not. All 4 major lung cell types occur among asbestos-exposed subjects with no differences when compared with controls.   | 16 of 44       |
| Pierce et al. 2008 (76), R         | 14                     | The preponderance of cumulative “no-effect” exposures (ie, no statistical significance) for lung cancer were about 25–1000 f-y/mL. However, many studies were too small and thus lacked statistical power to assess possible increased risk at the reported “no-effect” level.   | 20.5 of 44     |
| Steenland et al. 1997 (77), R      | 24                     | 15 studies showed an exposure response. The lowest lung cancer risk among workers was found in cement and friction products industries. Highest risks were among mining and textile workers. Smoking differences could not explain the variable industry risks. Smoking-asbestos interaction is between additive and multiplicative.   | 15 of 44       |
| Goodman et al. 1999 (78), MA       | 69                     | Very large heterogeneity of the studies with SMRs ranging from unity (= 100) to 1,700 in Finnish asbestos sprayers. Including latency increased the common SMR from 148 (144–152) to 163 (158–169), but it was not shown whether this increase was due to exclusion of 18 studies or inherited within the single study. Some variation between different occupations was seen with asbestos product manufacturing and cement workers having the highest SMRs, 196 (95% CI: 176–209) and 170 (95% CI: 156–185), respectively. Railroad workers and friction material workers had the lowest. 13 studies with more than 2.4% mesothelioma deaths showed a common SMR of 285 (271–299), whereas those below 0.6% and between 0.6% and 2.4% had values of 127 (121–134) and 138 (126–151), respectively. | 16 of 44       |
| Lash et al. 1997 (79), MA          | 22                     | Estimates of the study specific exposure-response coefficient ( $k_L$ ) ranged from 0 to $42 \times 10^{-3}$ f-y/mL. Smoking habits and type of asbestos industry, but also standardization to different populations between the cohorts, and possible conversion between different measures of asbestos exposure (ie, between mppcf and f/mL) were identified as sources of heterogeneity. Under the random effect model, implemented due to the heterogeneity between the studies: the maximum likelihood estimate of $k_L$ was found to be $2.6 \times 10^{-3}$ (95% CI: $0.65$ to $7.4 \times 10^{-3}$ ) (f-y/mL) $^{-1}$ and the estimate for the intercept ( $a_i$ ) to be 1.36 (95% CI: 1.05 to 1.76).  | 19 of 44       |
| Hodgson et al. 2000 (80), MA       | 18                     | Excess lung cancer risk for amphibole exposures was about 5% per f-y/mL. For mixed fibers and chrysotile large heterogeneities were seen. Chrysotile risk was less consistent, around 0.1–0.5% per f-y/mL with very large variation, especially between the Quebec miners and the South Carolina textiles. Interstudy exposure-response for amphibole suggests a nonlinear relationship, between linear and square. However, due to statistical uncertainties a linear relationship remains arguable for lung cancer.  | 21 of 44       |
| Lenters et al. 2011 (81), MA       | 19                     | Stratified by quality in the exposure assessment, the authors found that studies with better exposure assessment generally had higher $k_L$ values. This was most pronounced for studies with better exposure data and better completeness of job histories. Under the random effect model, the unrestricted meta- $k_L$ was $1.3 \times 10^{-3}$ (95% CI: $0.4$ to $2.2 \times 10^{-3}$ ) (f-y/mL), increasing by stepwise exclusion to $k_L$ $5.5 \times 10^{-3}$ (f-y/mL) $^{-1}$ .   | 34 of 44       |
| Van der Bij et al. 2012 (82), MA   | 19                     | The best fit was obtained with a natural spline model. This model suggested a nearly linear increase in the relative lung cancer risk at low levels of exposure, and a slight decrease in the slope at exposures $> 150$ (f*y/mL) $^{-1}$ . For a cumulative exposure level of 4 f-y/mL, the RR for lung cancer was estimated to be between 1.013 and 1.027 and for 40 f-y/mL to be between 1.13 and 1.30. A nonsignificant difference (3–4-folds) in the RR was observed between exposure to amphibole and mixed fibers versus chrysotile fibers for exposures below 40 f-y/mL.   | 26 of 44       |
| Berman and Crump 2008 (83), MA     | 18                     | In the analysis of raw data, the authors found that $k_L$ values were 1/3 to 1/10 in models assuming $\alpha$ being estimated than when $\alpha$ was set to 1. The association with industry seems to be at least as strong as for fiber type, mining being the least and textile production by far the highest. For mining, however, exposure to mixed or amphibole fibers showed higher $k_L$ values than chrysotile. Sharp discrepancy between Quebec mining and South Carolina textile factory handling the same chrysotile asbestos stands out (values with the uncertainty intervals $0.29$ [0.085–1.1] vs $1.8$ [7.5–5.6] $\times 10^{-3}$ (f-y/mL) $^{-1}$ ).  | 23 of 44       |

\*R = review; MA = meta-analysis.



## Latency

Latency has been defined assuming that it takes at least 10 years to develop a solid tumor as lung cancer. In epidemiological studies, 2 approaches have been taken: one is to only include subjects who were observed 10 years or more after first exposure (latency time), the other approach has been to exclude the last 10 years of exposure (lag time). Berman and Crump<sup>86</sup> looked at the possible decrease in lung cancer risk after exposure cessation. They reanalyzed data from 2 cohorts (Wittenoom miners and South Carolina textiles) and found a striking difference. The Wittenoom cohort exposed to crocidolite had only a marginal decline in lung cancer risk, even after 40 years,<sup>87-89</sup> whereas a decline in RR was seen after 20–30 years in the South Carolina cohort exposed predominantly to chrysotile.<sup>50</sup> Limited evidence suggests that lung cancer risk may be reduced or absent 7–15 years after the cessation of asbestos exposure.<sup>90</sup> Due to limited evidence, we concluded that it is likely that lung cancer risk decreases decades after exposure cessation.

*Statement 10: Lung cancer risk decreases decades after the cessation of exposure (+).*

*Statement 11: No minimal latency time for ARLC has been established. For practical purposes, it can be assumed to be 10 years after exposure onset (+).*

## Carcinogenicity of Fiber Types

The different types of asbestos have been thoroughly studied. All fiber types have been shown to be carcinogenic in laboratory animals.<sup>91</sup> Epidemiological studies of amphibole as well as chrysotile exposed workers have shown varying degrees of increased lung cancer risk.<sup>75,80</sup> In spite of some areas of controversy,<sup>6</sup> we concluded that all types of asbestos fibers should be considered carcinogenic.

*Statement 13: All types of asbestos fibers are associated with lung cancer risk (+++).*

*Statement 14: Different exposure-response estimates for lung cancer have been reported according to fiber type (amphibole vs chrysotile), size, distribution, and industry. However, these patterns are not clear, when study quality is taken into account. Thus, there is not sufficient evidence to derive different risk estimates for different fiber types (+).*

## Competing and predisposing conditions

### *Diseases and Conditions Influencing the Development of ARLC*

Lung cancer develops in a minority of individuals exposed to carcinogens such as asbestos or tobacco smoke. This suggests that individual susceptibility is important. Family history of lung cancer predicts lung cancer risk.<sup>92,93</sup> The genetics and molecular epidemiology of lung cancer are actively being investigated. However, present knowledge is insuffi-

cient to calculate susceptibility when evaluating most cases of potential ARLC.

Pulmonary fibrosis is associated with an increased lung cancer risk.<sup>94,95</sup> The presence of asbestosis is associated with considerable asbestos exposure, sufficient to cause ARLC.<sup>45</sup> Pulmonary tuberculosis has also been associated with increased lung cancer risk.<sup>25</sup> Those with a primary cancer have an increased risk of developing a second primary cancer, including lung cancer.<sup>96-101</sup> Numerous studies have demonstrated associations between lung cancer risk and chronic obstructive pulmonary disease (COPD).<sup>95a</sup> As smoking is the main cause of both, it is difficult to completely control for.

*Statement 15: There is insufficient evidence to include predisposing factors (age, sex, and genetics) in the individual apportionment of ARLC (++).*

*Statement 16: It is rarely relevant to account for other diseases or disorders in individual apportionment assessments in Denmark. However, this does not apply to lung fibrosis of any origin (+++).*

## Occupational Risk Factors

Asbestos workers have frequently been exposed to other occupational exposures, which should be considered when evaluating ARLC. Welding and polycyclic aromatic hydrocarbons (PAHs) are often encountered. Two epidemiological studies describe a synergistic effect between PAH and asbestos exposure. Gustavsson et al.<sup>102</sup> analyzed 1,042 lung cancer cases. The RR for asbestos exposure was 1.61, for combustion products 1.67, and for both exposures 2.24, suggesting an additive effect. In a case-control study of 204 lung cancer cases Pastorino et al.<sup>103</sup> found a RR for PAH exposure of 1.6, for asbestos exposure 1.9, and for both exposures 3.3 when adjusted for smoking, consistent with a multiplicative effect. However, for compensation purposes, it is preferable to use attributable fraction for the occupational carcinogens one has been exposed to and not only rely on RR.

*Statement 17: Assessment of work-related risk for lung cancer needs to consider all established occupational lung carcinogens in the individual case (+++).*

## Environmental Risk Factors

Radon and air pollution have been associated to increased lung cancer risks. The excess risk of lung cancer from exposure to radon is dose-dependent and ranges between 2% and 25% per 100 Bq/m<sup>3</sup>.<sup>104</sup> About 25% of houses in Denmark are estimated to have a radon concentration >100 Bq/m<sup>3</sup> and 5% above 200 Bq/m<sup>3</sup>.<sup>105</sup> Using estimates of radon deaths from a British study,<sup>106</sup> the number of annual deaths in the Danish population attributable to radon is estimated to be about 240, the majority of this being the joint effect of radon and smoking. With regard to air pollution, it has been estimated that 1–2% of lung cancer cases in Denmark may be related to

air pollution, which corresponds to 35–70 cases annually in Denmark.<sup>92,94,107–109</sup> As exposure ranges are generally low in Denmark, they can usually be discounted when considered ARLC apportionment.

*Statement 18: In Denmark, there is no need to include environmental radon and air pollution exposures in individual apportionment assessments of ARLC (++)*.

#### *Nonoccupational/Environmental Asbestos Exposure and Lung Cancer*

Nonoccupational/environmental asbestos exposure is not significantly related to lung cancer except in special circumstances, eg, household exposure from asbestos workers, areas with very high exposures (residence near mines or processing plants), and areas where asbestos occurs naturally in the soil. The level of environmental asbestos exposure in Denmark is not known, but based on Dutch and English studies the background level in outdoor city air is about 0.0001–0.0005 f/mL.<sup>110</sup> This is in orders of magnitude below the levels measured in occupational settings on which risk is assessed and extrapolated. The World Health Organization (WHO) estimates that based on a life time exposure of 1,000 f/mL<sup>3</sup> (0.001 f/mL), the excess lung cancer risk would be in order of 10<sup>-6</sup> to 10<sup>-5</sup>.<sup>111</sup> In Denmark, this would account for 10 out of 3,600 lung cancer deaths, assuming exposure levels about 10 times higher than expected based on exposure measurements from comparable countries.

*Statement 19: In Denmark, there is no evidence that nonoccupational asbestos exposure is associated with lung cancer (+++)*.

#### *Interaction Between Asbestos and Smoking*

Data on the interaction between asbestos exposure and smoking and their joint impact on lung cancer risk are inconsistent. Some studies have suggested a multiplicative effect,<sup>112–114</sup> others an additive model.<sup>115</sup> Studies from the 1970s or earlier based on populations with very high asbestos exposures tended to support the multiplicative model. Later studies with low or moderate exposures tend to conclude that the effect is “more than additive and less than multiplicative.”<sup>116,117</sup> This rather imprecise statement seems to represent the present state of knowledge. Risk expressed as attributable proportion due to asbestos among never-smokers has been estimated at approximately 30–40%. Recent data from Great Britain with exposure levels and regulations comparable to Denmark are in accordance with that, and showed that risk attributable to the combined effect of asbestos and smoking was 96% among smoking asbestos workers.<sup>25</sup> Thus, about 96% of lung cancer deaths could have been avoided by avoiding both asbestos and smoking.

*Statement 20: Asbestos-exposed smokers are at higher risk of lung cancer compared with asbestos-exposed non-smokers (+++)*.

*Statement 21: 20 years after smoking cessation, the relative risk of lung cancer due to smoking is reduced by about 90% (+++)*.

## **COMMENT**

Asbestos is one of the most carefully characterized and researched occupational hazards. Numerous risk assessment models have been developed in an attempt to provide reliable information about workplace lung cancer risks. In spite of these efforts, important knowledge gaps exist, generating both scientific interest and difficulties in establishing regulations. Some of the key issues concern the validity of exposure assessments, the validity of outcome measures, as well as study bias, confounding, and effect modification.

In our systematic review, we have attempted to be thorough and critical. However, our review has some limitations. The existing literature is massive. Only one experienced physician did all the rough reference sorting. A team of sorters may have produced a more systematic process. It would have been desirable to have had additional articles read and graded by 2 reviewers, but was not possible due to time and financial limitations. However, we feel that our results are robust, as both internal and external highly qualified reviewers were part of the process. In addition, 3 standard grade systems were used.

## **Asbestos exposure**

Methods for both sampling and analyzing of asbestos have changed dramatically through the years. Unfortunately, these developments have introduced substantial uncertainties that still are difficult to overcome. Exposure misclassifications may make it difficult or impossible to demonstrate true associations between exposures and effects. Systematic misclassification may lead to risk estimates that are either too low or too high. True associations may be masked by random misclassifications. Some of the key reasons for uncertainty are discussed below.

Thin fibers, width less than 0.25  $\mu\text{m}$ , are more carcinogenic than thicker ones.<sup>118,119</sup> Unfortunately, early airborne concentration measurements using phase-contrast microscopy (PCM) did not account for these thin fibers, potentially underestimating asbestos exposures to the thinnest fibers. As PCM cannot identify thin fibers, incorrect risk attributions may be attributed to the countable thicker fibers. Including these less biologically relevant exposures in most cases leads to an overestimation of the exposure, and thereby to a less steep exposure-response curve.

There are more than 30 “standard” methods of analyzing asbestos fibers. The same sample analyzed by different methods can vary 2 or 3 orders of magnitude.<sup>120</sup> A US program for standardizing the testing and measurements of asbestos samples (The National Voluntary Laboratory Accreditation Program) was first introduced in 1976. Many of the measurements in epidemiological studies were obtained before 1976.

In many studies, the asbestos fiber measurements methods have been unclear. In earlier studies, stationary or area samples have predominated, whereas personal samplers have been the standard during the last decades. Area samples are less connected to individual exposures, and may either underestimate or overestimate. Besides, it has often been unclear if the measurement was taken to evaluate worst cases or aimed at being representative for a typical working day. Worst-case measurements tend to overestimate exposures. Lack of data concerning local ventilation and respiratory protection adds additional uncertainties when using area sampling to estimate personal exposures. Measurements from one job may be used to estimate exposures at other jobs, other shifts, or time periods, which may add uncertainties that cannot be adequately evaluated. In addition, work histories are often incomplete, with possible job misclassifications. Relative air concentrations of amphibole and chrysotile are often unknown. The relative amounts of purchased amphibole and chrysotile have been used as a proxy.

There have been numerous attempts to convert historical air measurements to newer units. There have been 2 types of conversion attempts. Midget impinger dust counts have been converted to PCM fiber counts. Based on paired analyses, conversion multipliers are generated. A number of studies have used 1 mppcf = 3 f/mL. However, generated conversion factors from parallel sampling have actually ranged between 0.1 and 52.<sup>121</sup>

The other conversion area has been from total fiber counts to specific fiber counts with fiber type, length, and diameter. These specific fiber counts were made with transmission electron microscopy (TEM) starting around 1980, but this technique is still not a routine method for monitoring occupational asbestos exposures. These measurements were applied to earlier epidemiological studies where exposures were judged to be similar. Thus, measurements from one time and place are applied to another time and place. Additional uncertainties arise when PCM fiber data are converted to TEM exposures. There is only a reasonable correlation for fibers >5  $\mu\text{m}$  in length. TEM measurements have shown substantial variation in the ratio of total fibers to fibers over 5  $\mu\text{m}$ , which can vary from 2 to >130.<sup>122</sup> Thus there is generally poor correlation between PCM and TEM measurements.

### Reliability and validity of outcome measurements

The reliability and validity of outcome measurements are associated with uncertainties. In the cohort studies, standardized mortality ratio (SMR) has mainly been used to estimate RR. Using SMR induces variation, as the comparison is made with a hypothetical population with the same age distribution as the exposed cohort, and not that of the background population. In elderly cohorts,<sup>52,57</sup> this will automatically tend to give SMRs close to 100 due to high background mortality.<sup>123</sup> Very high exposure levels give rise to high absolute rates of cancer as well as competing risks (ie, for asbestosis). As you

can only die once, this may tend to underestimate the risk, when interpolating to lower levels.

Smoking is the main risk factor for lung cancer and the interaction with asbestos is still not totally clear. Very few studies have sufficient information on smoking habits. Others looking especially at this interaction have come to various results. However, the initial pure multiplicative effect claimed by Hammond et al in 1979<sup>112</sup> has never been reproduced. A model somewhere between additive and multiplicative is the most likely. This has some effect on the estimated relative etiological fractions due to smoking and asbestos but not least on the common estimated risk in the epidemiological studies.

### Exposure-response analyses

Analysis of exposure-response relationships implies a hypothesis in the form of a curve. A linear model has been the primary model where the RR increases steadily with the exposure (in f-y/mL). In a formula, this can be shown as  $RR_{\text{exp } i} = 1 + k_L \times \text{exp}_i$ . This model suggests that RR is 1 when exposure is 0, and  $k_L$  denotes the increase in RR per unit of exposure measure, ie, the potency of carcinogenicity. However, as the investigated population is not always compatible with the reference population a constant link is inserted:  $RR_{\text{exp } i} = a_i (1 + k_L \times \text{exp}_i)$  where  $a_i$  is the RR of population  $i$  with no exposure. In the case of lung cancer,  $a_i > 1$  is often assumed to be due to more smoking in the exposed population than in the reference population. However, it may also be due to misclassification of exposure. Various ways of expressing  $k_L$  have been shown in different articles. In the present paper, all these have been expressed as the number  $\times 10^{-3} (\text{f-y/mL})^{-1}$  (ie,  $n$  excess cases in 1,000 persons for each increase in f-y/mL).

A very large variation in the exposure-response calculated increase per f-y/mL has been shown ranging from almost zero in Quebec miners,<sup>57</sup> over high values in the textile factories,<sup>53</sup> to very high values in a Swedish case-control study.<sup>70,73</sup> Therefore, the estimated exposures tend to be much lower, and more in agreement with the exposure of the more recent lung cancer cases. The very high  $k_L$  ( $140 \times 10^{-3} (\text{f-y/mL})^{-1}$ ) of Gustavsson is mainly based on exposures below 5 f-y/mL, whereas most studies in the meta-analyses have much higher exposures.<sup>79,81,82</sup> The other case-control study<sup>71</sup> showed an intermediary  $k_L$  ( $40 \times 10^{-3} (\text{f-y/mL})^{-1}$ ) and suggested a curve linear exposure-response in accordance with the Swedish study. A joint ongoing analysis of several case-control studies (SYNERGY) will be anticipated to get a better estimate of  $k_L$  in these low exposures in various jobs.<sup>124</sup> Preliminary results from the SYN-JEM exposure matrix based on 14 case-control studies showed increased lung cancer risk among nonsmoking asbestos-exposed workers. Both smoking and other occupational exposures exerted only minor confounding effects.<sup>125</sup>

Based on the reviews and meta-analyses, it seems that  $k_L$  increases with increasing study quality. The best estimate may be taken from Lenters et al.<sup>81</sup> and the Dutch position pa-

per,<sup>126</sup>  $k_L$  being  $4-6 \times 10^{-3}$  (f-y/mL)<sup>-1</sup> calculated to double lung cancer risk at 150–250 f-y/mL, a  $k_L$  considerably lower than estimated from the more recent case-control studies. Therefore, weighing the evidence between a series of mainly older studies based on high asbestos concentrations in selected trades and a few newer studies with lower exposures with various tasks in different jobs is still an enigma.

## Conclusion

There is not enough evidence to include age, sex, or family lung cancer history when evaluating cases of potential asbestos-related lung cancer. Nor should most other diseases be taken into consideration except for lung fibrosis. Exposure to radon and air pollution in Denmark is generally low and thus should not be considered when evaluating individual cases of possible asbestos-related lung cancer. The association between asbestos exposure and lung cancer risk is basically linear, but may level off at very high exposures. Many studies demonstrate that the relative risk for lung cancer increases between 1% and 4% per f-y/mL, corresponding to a doubling of risk at 25–100 f-y/mL. However, one high-quality study has shown a doubling of lung cancer risk at about 4 f-y/mL.

Cell type and location of lung cancer are not helpful in differentiating asbestos-related lung cancer from other lung cancers. The presence of pleural plaques, asbestos bodies, or asbestos fibers is useful as markers of asbestos exposure and as such is helpful in supporting previous asbestos exposure. All asbestos types are associated with lung cancer. The interaction between asbestos and smoking regarding lung cancer risk is between additive and multiplicative.

The results of this systematic review are generally in accordance with the Helsinki criteria.

## FUNDING

A grant from The Danish Working Environment Research Fund has enabled us to write this review article.

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## Appendix 2.—Research questions

### Lung cancer

1. How valid is the diagnosis of lung cancer? (LC1)
2. How has the distribution of lung cancer cell types changed over time? (LC2)
3. Does the distribution of cell type of asbestos-related lung cancer differ from that of other lung cancers? (LC3)

4. Does the location of asbestos-related lung cancer differ from other lung cancers? (LC4)

### Asbestos exposure

1. Which jobs and industries can be associated with asbestos exposure? (AE1)
2. Can the presence of bilateral pleural plaques be used to estimate previous asbestos exposure? (AE2)
  - a. Can the presence of diffuse pleural thickening be used to estimate previous asbestos exposure? (AE2a)
3. Can the presence of asbestos bodies be used to estimate previous asbestos exposure (AE3)
4. How can the degree of exposure (intensity) be evaluated? (AE3)
5. How can the length of exposure be evaluated? (AE4)

### Exposure-response

1. What is the exposure-response and exposure-effect response between asbestos and lung cancer? (ER1).
2. Has a no effect level for asbestos and lung cancer been described in humans or laboratory animals? (ER2)
3. What is the latency between asbestos exposure the development of lung cancer? (ER3)
  - a. How does lung cancer risk develop after the cessation of asbestos exposure? (ER3a)
4. What is the prognosis for asbestos-related lung cancer? (ER4)
5. How does the degree of asbestos exposure effect prognosis? (ER5)

### Competing and predisposing conditions

1. Which other diseases or conditions can influence the development of asbestos-related lung cancer? (CPC1)
  - a. What is the risk of developing lung cancer among those with asbestosis? (CPC1a)
2. What are the nonoccupationally related causes of lung cancer? (CPC2)
3. Is nonoccupational asbestos exposure related to lung cancer? (CPC3)
4. How do other nonoccupationally related factors influence the development of lung cancer (eg, sex, age, genetics)? (CPC4)
5. How can the effect of occupationally related asbestos exposure compared with nonoccupational factors be measured? (CPC5)

## Appendix 3.—List of statements including the SIGN grades

### Lung cancer (LC)

**Statement 1:** When evaluating ARLC, location and cell types do not differentiate asbestos-related and non-asbestos-related lung cancer (+++).

**Statement 12:** The prognosis of ARLC does not differ from that of other lung cancers (+).

### **Asbestos exposure (AE)**

**Statement 2:** Job exposure matrices (JEMs) are useful in estimating previous asbestos exposure in addition to individual exposure evaluations (+).

**Statement 3:** The existence of pleural plaques increases the likelihood of previously asbestos exposure (++).

**Statement 4:** The presence of pleura plaques cannot be used to estimate the degree of previous asbestos exposure (+++).

**Statement 5:** The presence of asbestosis is a marker of previously high asbestos exposure and is associated with an increased risk of lung cancer (+++).

### **Exposure-response (ER)**

**Statement 6:** The exposure-response relationship is approximately linear, but levels off at very high exposure levels (>150 f-y/mL) (+++).

**Statement 7:** An increase in RR of 14% per f-y (corresponding to a doubling of risk at 25–100 f-y/mL) has been observed with the higher estimates obtained in the few high-quality epidemiological studies. One high-quality population-based case-control study in the low-exposure range found a higher risk estimate (a doubling of risk around 4 f-y/mL) (++).

**Statement 8:** There is no evidence for a no observed effect level (NOEL) concerning ARCL (++).

**Statement 9:** The lowest documented increased ARLC risk is seen at about 4 f-y (+).

**Statement 10:** Lung cancer risk decreases decades after the cessation of exposure (+).

**Statement 11:** No minimal latency time for ARLC has been established. For practical purposes, it can be assumed to be 10 years after exposure onset (+).

**Statement 13:** All types of asbestos fibers are associated with lung cancer risk (+++).

**Statement 14:** Different exposure-response estimates for lung cancer have been reported according to fiber type (amphibole vs chrysotile), size, distribution, and industry. However, these patterns are not clear, when study quality is taken into account. Thus, there is not sufficient evidence to derive different risk estimates for different fiber types (++).

### **Competing and predisposing factors (CPC)**

**Statement 15:** There is insufficient evidence to include predisposing factors (age, sex, and genetics) in the individual apportionment of ARLC (++).

**Statement 16:** It is rarely relevant to account for other diseases or disorders in individual apportionment assessments in Denmark. However, this does not apply to lung fibrosis of any origin (+++).

**Statement 17:** Assessment of work-related risk for lung cancer needs to consider all established occupational lung carcinogens in the individual case (+++).

**Statement 18:** In Denmark, there is no need to include environmental radon and air pollution exposures in individual apportionment assessments (++).

**Statement 19:** In Denmark, there is no evidence that nonoccupational asbestos exposure is associated with lung cancer (+++).

**Statement 20:** Asbestos-exposed smokers are at higher risk of lung cancer compared with asbestos-exposed non-smokers (+++).

**Statement 21:** 20 years after smoking cessation, the relative risk of lung cancer due to smoking is reduced by about 90% (+++).



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